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Thursday 27<sup>th</sup> April 2023

## Year 4 & 5W: Swimming Lessons

Dear Parents/Carers,

In line with the majority of schools on Wirral, Sacred Heart organises swimming lessons in an intensive two-week block as part of the National Curriculum for Key Stage 2. The advice is that this is a more effective way to teach children to swim. Dates are allocated to the school which we must abide by. **Therefore, the children in Classes 4G, 4W and 5W will go swimming each afternoon at Leasowe Leisure Centre from Monday 15<sup>th</sup> May to Friday 26<sup>th</sup> May (inclusive).**

The swimming times are Monday – Friday (1.30pm – 3.00pm).

### **The following are needed for health and safety reasons;**

Your child can choose to wear either trunks or a one piece swim suit. Trunks should be worn not shorts, as recommended by the swimming instructor. Earrings and other jewellery must not be worn. Long hair must be tied up and under a swimming cap. An extra towel for drying is useful.

If your child is suffering from a verruca or foot infection a foot sock (or socks) MUST be worn.

Goggles – If your child needs to wear goggles a written note is required (one note for the year will be sufficient).

Cosmetics – Hair gel, talc, shower gel, deodorant etc. should not be brought to these lessons.

If your child needs to be excused from the swimming lessons on medical grounds, a note must be forwarded to the class teacher on each occasion.

Thank you for your support and I hope your child enjoys their swimming lessons.

Yours faithfully,

Miss O'Donnell  
P.E. Coordinator

