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11th January 2024

## Year 4: Swimming Lessons 2024

Dear Parents/Carers,

In line with the majority of schools across Wirral, Sacred Heart organises swimming lessons as part of the National Curriculum for Key Stage 2. Dates are allocated to the school which we must abide by. Year 4, therefore, will have their swimming lessons this year in two separate blocks. Their first week of swimming at Leasowe Leisure Centre will begin on **Monday 22nd January to Friday 26th January 2024**. Their second week of swimming will be in May (further information will be given nearer the time). To ensure the children get the most out of their swimming lessons, the children will be split into two groups and will have their lesson at either 1.30pm or 2.00pm.

The swimming times are Monday – Friday (1.30pm - 2.00pm and 2.00pm - 2:30pm).

### **The following are needed for health and safety reasons:**

- Your child can choose to wear either trunks or a one piece swimsuit.
- Trunks should be worn (not shorts), as recommended by the swimming instructor.
- Earrings and other jewellery must not be worn.
- Long hair must be tied up and under a swimming cap.
- An extra towel for drying is useful.

If your child is suffering from a verruca or foot infection a foot sock (or socks) **MUST** be worn.

Goggles – If your child needs to wear goggles a written note is required (one note for the year will be sufficient).

Cosmetics – Hair gel, talc, shower gel, deodorant etc. should not be brought to these lessons.

If your child needs to be excused from the swimming lessons on medical grounds, a note must be forwarded to the class teacher on each occasion.

Thank you for your support and I hope your child enjoys their swimming lessons.

Yours faithfully,

Mrs Smith

P.E. Coordinator

